

### Guided Pathway to Success (GPS)

Suggested schedules map your path to degree completion.

**Full-time student:** Follow the green semester blocks in order.

**Part-time student:** Follow the blue course sequence at your own pace.

**Students should meet with an advisor each semester** to carefully select and sequence courses based on their specific academic goals and interests. Visit Jefferson Hall or call 301.846.2471 for advising.

Students who take fewer than 15 credits each semester or who require developmental English or Math coursework will need additional semesters to complete their degrees. Summer and January term classes may help students to make faster progress.

General Education CORE courses can often be taken in any semester. One course must be designated as a Cultural Competence course. A minimum of nine credits must be taken at the 200 level. Refer to the college catalog for course details and the list of General Education and Cultural Competence classes. <http://www.frederick.edu/class-schedules.aspx#catalog>

Students are strongly recommended to consult an FCC advisor to select elective courses. Students planning to transfer may also reference ARTSYS, the Maryland Articulation System, [www.artsys.usmd.edu](http://www.artsys.usmd.edu).



Take this course within the first 24 credits.



Milestone course – take within recommend credit range to stay on track for completion.



This course is offered in the fall semester only.



This course is offered in the spring semester only.

## 1 Recommended First Semester

1	Gen Ed Core	ENGL 101 - English Composition		3 credits
2	Gen Ed Core	HUMS 102 - Human Relations		3 credits
3	Gen Ed Core	PSYC 101 - General Psychology		3 credits
4	Gen Ed Core	Mathematics Elective (Gen Ed course list) (MATH 120 - Statistics recommended)		3 credits
5	Departmental Requirement	HUMS 103 - Introduction to Social Work & the Human Services		4 credits

## 2 Recommended Second Semester

6	Departmental Requirement	HUMS 203 - Introduction to Counseling & Interviewing		3 credits
7	Departmental Requirement	PSYC 206 - Abnormal Psychology		3 credits
8	Gen Ed Core	Communications Elective (Gen Ed course list) (COMM 103 - Public Speaking or COMM 105 - Small Group Communication recommended)		3 credits
9	Gen Ed Core	SOCY 101 - Introduction to Sociology		3 credits
10	Departmental Requirement	EDPS 210 - Human Growth & Development		3 credits

## 3 Recommended Third Semester

11	Departmental Requirement	HUMS 205 - Fundamentals of Addictions		3 credits
12	Departmental Requirement	PSYC 104 - Issues of Drug/Alcohol Use		3 credits
13	Departmental Requirement	HUMS 204 - Ethics and Practice Issues in the Human Services & Addictions Counseling		3 credits
14	Departmental Requirement	HUMS 207 - Theory and Practice of Group Counseling		3 credits
15	Departmental Requirement	INTR 103 - Internship		3 credits

## 4 Recommended Fourth Semester

16	Gen Ed Core	Biological & Physical Sciences Elective w/lab (Gen Ed course list) (BSCI 117 - Human Biology recommended)		4 credits
17	Departmental Requirement	HUMS 206 - Pharmacology of Psychoactive Drugs		3 credits
18	PHED/HLTH/NUTR	Physical Education, Health, or Nutrition Requirement		1/3 credits
19	Departmental Requirement	SOCY 102 - Social Problems		3 credits
20	Departmental Requirement	INTR 103 - Internship		3 credits