



Frederick Community College



Weight Room Hours Fall 2019



<i>Monday</i>	9:00am-11:00am 3:00pm-5:00pm
<i>Tuesday</i>	9:00am-11:00am 3:00pm-5:00pm
<i>Wednesday</i>	9:00am-11:00am 3:00pm-5:00pm
<i>Thursday</i>	9:00am-11:00am 3:00pm-5:00pm
<i>Friday</i>	9:00am-11:00am 3:00pm-5:00pm

This schedule is subject to change.

The updated schedule is always posted at <http://www.frederick.edu> under "Hours of Operation" [located at the bottom of FCC's website]

****You may not use the gym during class times****

****You may not use the gym outside of the open hours****

****All students & faculty must sign in & out



Frederick Community College



Open Gym Hours Fall 2019



<i>Monday</i>	3:30pm-5:00pm
<i>Tuesday</i>	9:00am-11:00am 3:30pm-5:00pm
<i>Wednesday</i>	9:00am-11:00am 3:30pm-5:00pm
<i>Thursday</i>	9:00am-11:00am 3:30pm-5:00pm
<i>Friday</i>	CLOSED

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