

Frederick County Resources

1. Maryland Division of Rehabilitation Services

240-629-7581

1890 N. Market Street, Suite 300, Frederick, MD 21701

<http://dors.maryland.gov/>

Eligibility Criteria: Serves individuals with significant physical, mental, or cognitive disabilities.

Eligibility Process: For information or an appointment, call the nearest DORS office or 1-888-554-0334, visit the local DORS office, or submit the online referral form.

Types of Services: Career assessment and counseling, assistive technology, job training, higher education, job placement. Also specialized services for students age 14-21.

2. The Arc of Frederick County

301-663-0909

620 A Research Court, Frederick, MD 21703

<http://arcfc.org/>

Eligibility Criteria: Serves individuals with intellectual and developmental disabilities.

Eligibility Process: Call to speak with a representative directly.

Types of Services: Support services to assist students with enrolling in courses at FCC. Information and referral, youth transitioning program (housing, benefits, employment), independent living skills and job assistance for adults. Self-advocacy group for adults. Volunteer opportunities for FCC students who are looking to gain experience serving children and adults with developmental disabilities.

3. Goodwill Industries

301-662-0622

5112 Pegasus Court, Suite M, Frederick, MD 21704

<http://www.gimv.org/>

Fee Structure: Most programs are free. Some are supported through the Division of Rehabilitation Services for their clients.

Eligibility Criteria: Individuals 16 years and older.

Eligibility Process: Intake appointment at the number above.

4. Frederick County Workforce Services

301-600-2255

200 Monroe Avenue, Suite One, Frederick, MD 21701

<http://www.frederickworks.com/>

Fee Structure: Free service to Frederick County residents.

Eligibility Criteria: Primarily adults though some programs may be for specific populations, e.g., Summer Jobs Program for youth ages 14-24, Teen Job Skills Boot Camp, Youth Pathways.

Eligibility Process: Call for an appointment or submit an online information request.

Types of Services: Basic computer classes, employment counselors, career exploration assessments, and job training may be provided.

5. Service Coordination, Inc.

301-663-8044

5283 Corporate Drive, Suite 103, Frederick, MD 21703

<https://www.servicecoord.org/>

Fee Structure: Free to eligible individuals.

Eligibility Criteria: Individuals with intellectual and/or developmental disabilities.

Eligibility Process: Complete the online application at dda.dhmh.maryland.gov and click Apply for Service or call 1-888-791-0193 for more information.

Types of Services: Residential placements, medical day programs, supportive employment, job coaches, and other support services.

6. Unified Community Connections Agency

301-663-8700

5736 Industry Lane, Frederick, MD 21704

www.unified.org

Fee Structure: Funded through Developmental Disabilities Assistance (DDA) in collaboration with DORS.

Eligibility Criteria: Adults with intellectual and developmental disabilities (disability prior to age 21).

Eligibility Process: Must apply for and be determined eligible for services by the Developmental Disabilities Administration (DDA).

Types of Services: Adult day habilitation for pre-vocational skills, assistive technology evaluations, medical adult day care, transportation to their site for services, residential services and supports, supported employment, respite care, and transitioning youth services.

7. The Scott Key Center

301-600-1600

1050 Rocky Springs Road, Frederick, MD 21702

<http://www.scottkeycenter.org/>

Fee Structure: Through government funding.

Eligibility Criteria: Must be a Frederick County resident with a disability age 21 and over. Prospective participants would need to go through the Developmental Disabilities Administration for funding.

Eligibility Process: Start with a Developmental Disabilities Administration application found at dda.dhmf.maryland.gov

Types of Services: Day habilitation, supported employment, vocational services, individual support services, individual job placements, job development, and transportation.

8. Adult Basic Education, Frederick Community College

240-629-7962

7932 Opossumtown Pike, Frederick, MD 21702

<https://www.frederick.edu/workforce-continuing-education/ce/adult-ed.aspx>

Fee Structure: Varies depending on program, many are free.

Eligibility Criteria: Maryland resident who is age 16 and over and officially withdrawn from school and either does not have a high school diploma or GED, or whose native language is other than English for ESL.

Eligibility Process: Call to make a reservation to attend an orientation for testing and placement.

Types of Services: GED classes, English as a Second Language and Family Literacy classes, External Degree program to earn a high school diploma, and Adult Basic Education classes. Orientations are held during day and evening hours at various community locations including the FCC main campus, FCC Monroe Center, and Frederick County Workforce Services-Business and Employment Center at 5340-A Spectrum Drive.

9. The Freedom Center

301-846-7811

550 Highland Street, Suite 510, Frederick, MD 21701

<https://thefreedomcenter-md.org>

Fee Structure: Varies

Eligibility Criteria: Individuals with disabilities.

Eligibility Process: For more information, call the office directly at 301846-7811, or submit the online contact form.

Types of Services: Individual and systems advocacy, information and referrals, peer counseling, individual living skills training, transition services, assistive technology lending library.

10. Optimal Health Care, Inc.

240-578-4704

174 Thomas Johnson Drive, Frederick, MD 21702

<http://ohc-inc.com>

Fee Structure: Funded through the Developmental Disabilities Administration (DDA)

Eligibility Criteria: Individuals with developmental disabilities and their families

Eligibility Process: Complete the DDA eligibility application and select Optimal as your CCS provider. <https://dda.health.maryland.gov>

Types of Services: Case management and youth transition services.

11. Sheppard Pratt

240-409-5994

Multiple facilities and locations

<https://www.sheppardpratt.org/care-services/developmental-disability-services/>

Fee Structure: Funded through the Developmental Disabilities Administration (DDA)

Eligibility Criteria: Individuals with developmental and intellectual disabilities. Various service programs including mental health services.

Eligibility Process: Call 240-409-5994 or submit the online contact form.

Types of Services: Vocational rehabilitation and supported employment, residential, community supports, mental health services, etc.

